



October 2008
Number 512



Swans departing from the Abbotsbury Swannery on the Retro Run!

Contents

Your Editor Speaking.....	2
A Note from your Chairman.....	3
Temp Sec Bit.....	3
Hollstar.....	4
Word Search.....	5
Skittles!.....	6
October Ride-out.....	7
West Middlesex Committee Contact Details.....	7
Motor Sport Co-ordinators' Bulletin.....	8
November Clubnight - Curry!.....	9
November Ride-out.....	10
csma Motoring.....	11

Your Editor Speaking...

I think you ought to sit down before reading any further.

The old engine is out of the Westfield, and the Vauxhall is in - if only for a trial - to see how much (little might be a better word)



Machine Mart) during the trial fit session, where the first thing was done which seriously commits me to continue - I used an angle grinder to remove the old gearbox mounting plate from the chassis!

Eagle eyed readers (probably the ones reading the eSump) may notice the blocks



Spot the Difference!

room there is for the 101 other things which also need to be squeezed in there.

Clearance to the bonnet is measured in millimetres, as is the gearbox clearance to some of the chassis members. It's tight...

Help from Toby has to be acknowledged here, helping the old engine out and passing on his knot knowledge - I am now reasonably (un)proficient in the figure of eight knot! Nikki also coped expertly with the engine crane (eventually bought from

of wood masquerading as engine mount rubbers - these are temporary, honest...

Mating the Vx engine to the Ford gearbox was an interesting job - despite having bought what I was assured were the right bits to do it painlessly, I still had to hack 13mm off the gearbox input shaft... Gulp!

Needless to say - Bernard is feeling a little bit left out...

Have fun!

Jez Boakes (Editor)

A Note from your Chairman

Well, here we are in October – the tenth month, from the Latin *Octo*, eight! Apparently it's all to do with some guys called Julius and Gregory and it was in October that the new-fangled calendar was adopted. An Anglo-Saxon name for October is *Wynmonath* – 'wine month', that gets my vote. Cheers.

Apart from being the birth month of both my father *and* my son, it is also the turn of WMX to host the **HOLLSTAR**, this will be held at the Seven Stars Public House at Knowl Hill on the A4. It is on **WEDNESDAY 8th October**. At the behest of Centre, it is on a Wednesday rather than our usual Thursday clubnight – I hope that you can all make it as I'm useless with maps and need as much help and back-up as possible! See you there?

I've been reading my book again, can you tell? All the following happened in October;

Temp Sec Bit

September clubnight was an excellent evening, and extremely well attended. Even people who didn't know they were attending turned up! Very good food and excellent company was enjoyed at the George & Dragon at Wargrave. Is this the sort of thing we should be doing more often for clubnights? Let us know!

In the non-WMX part of the **csma** (is there such a thing, I hear you ask!) Nikki and I had an excellent weekend at the 10th Retro Run, along with a few other familiar WMX faces. This really is a very good weekend - based around a hotel in the middle of some very good roads, it's two days of gentle motoring between interesting halts. An added bonus is the fancy dress dinner on the Saturday night... Hopefully there will be a write-up in the next issue so I shan't spoil some of the surprises... ;-)

As Derrick alluded to above, the Hollstar is hosted this year by West Middlesex. The venue is slap bang near to our patch (!) so please try to come along so that we can have a crack at winning the thing! Food is www.csmawmx.com

St Pancreas station opened (1868), Cadillac's first car made (1902), Ford model 'T' was introduced (1908) and moving production line (1913), NASA was formed (1958) the first artificial satellite, Sputnik 1, was launched (1957), UK's first motor show was held at Tunbridge Wells (1895), Blue Flame rocket car reached 622.407mph (1970), Concorde's last flight (2003), first Rugby match at Twickenham (Halequins v Richmond, 1909), the last 'Mini Morris' rolled off the production line (2000). In 1886 the dinner jacket made its American debut, worn by Griswold Lorillard (really!) at the Tuxedo Country Club.

That's enough from me, must go and read up on November – see you at the Noggin 'n' Natter and at the Holstar.

As ever, keep your foot in it!

Derrick Holden (Chairman)

being provided courtesy of North London Centre, thus reducing by one the number of excuses for not playing out!

Staying with food, the November clubnight is a curry evening, at a restaurant (TBA) in Windsor. Last year was one of the worst attended clubnights in living memory, so if we could avoid a repeat of that it would be appreciated... The real shame was that the curry was excellent...

The skittles is even further in the future, but deserves a mention none the less. A cracking evening (I've been for the last six years and wouldn't miss it!), with a very good buffet indeed and some hilarious bowling action (having typed this I hope no-one has actually been taking it seriously!). Come along and see what you've all been missing! It's at the Greyhound at Eton Wick and tickets are a bargain at £14 - even more so if bought together with Annual Dinner tickets for next year. This will be on Saturday March 7th 2009 and promises to be just as good as previous years. Save a fiver by getting both at once!

Jeز Boakes ([Temporary] Secretary)

csma West Middlesex Group
presents:

The HOLLSTAR TableTop Rally

Wednesday 8th October 2008

Welcome to the 2008 Hollstar Table Top Rally!

This is an Inter-Group competition and usually attracts several Teams from each of the other Groups in the North London Centre. This time it's the turn of WMx to organise!

Each Team will consist of two people & it will be an easy & straightforward map competition with Classes for Experts, Novices & absolute Beginners.

The 'Rally' consists of 6 or more sections, not all of which have to be attempted by the Novices or Beginners.

Assistance will be available to those who declare themselves as 'Novice' or 'Beginner' (a claim that the C of C will judge the validity of on the night !!!), and they will be given easier instructions & maybe clues to help them decipher the Route Cards. So, although help will be on hand with advice & hints, understandably, **no time advantage will be given or applied.**

The Event takes place at the Seven Stars Inn at Knowl Hill, which is between Maidenhead & Twyford on the A4.

Maps & other equipment will be provided but a pencil, a rubber, a 12" ruler, and perhaps a map torch, headlight, or similar. Oh! ...and of course, your very best sense of humour!!

Signing On is from 8pm with the Start planned for 8.30pm.

A complimentary hot & cold buffet supper will be available during the evening. To that end I would like to have an idea of attendees so I might plan the Catering arrangements please.

Please note the day & the date – this event REPLACES our Clubnight that would normally fall on Thursday 9th.

If you need more details give me a call

Come and have a go & support West Middlesex Group – I'm sure you'll enjoy it!

AG

Word Search

Find the words in the grid below!

No prizes - just a little bit of fun!

Remember to look in all directions (forwards, backwards, up, down and diagonally)...

C	H	A	L	L	E	N	G	E	N
O	S	W	A	D	E	N	T	U	E
M	P	M	O	T	O	R	O	A	D
M	O	X	A	U	T	O	M	A	L
I	R	A	I	N	E	J	R	O	O
T	T	P	M	U	S	K	I	D	H
T	R	A	T	S	T	N	E	V	E
E	D	W	J	B	A	U	T	H	E
E	O	O	E	K	I	B	A	B	E
A	G	T	Z	A	R	T	C	E	V

- | | | | |
|-----------|--------|-------|-----------|
| CSMA | MOTOR | TEST | CHALLENGE |
| DOOR | HOLDEN | SPORT | SUMP |
| SKID | AUTO | AG | WMX |
| BIKE | ROAD | RAIN | JEZ |
| EVENT | MSA | DENT | START |
| COMMITTEE | | | |

See if you can spot the extra words - see page 6 for a list!

Simon Mummery

**The deadline for articles for the
November
Sump is October 22nd!**

Opinions expressed in this newsletter are those of the contributors, and not necessarily those of the csma, csma West Middlesex Group Committee or the editor.

December Clubnight

Skittles!



**Thursday December 11th, at the Greyhound,
Eton Wick, 7:30pm for an 8pm start!**

An evening of keenly fought bowling, laughter and a magnificent supper!

*Tickets are £14, or £34 if bought together with a ticket for the 2009 Annual Dinner (March 7th 2009) **saving a fiver - bargain!***

Contact Derrick Holden on 07905 005963 for tickets or more information!

Word Search

Extra words...

VECTRA

BABE

MUSK

BET

THE

RAD

RAT

WADE

DOG

HAT

West Middlesex Group
MOTORCYCLING NEWS!

*Tuesday the 28th October will be the last
'proper' Mid-Week RIDE-OUT of 2008.*

This will be something of a Mystery Ride Out and will start from Jenner's Café, which is alongside the river and near Boulters Lock at Maidenhead.

We'll leave the Café a little later than usual at 10.30am, and planned is a 85 mile route North & Northwest, across the Chilterns & into Warwickshire. We will have lunch at an interesting Vehicle Museum (well, it'll be dry, & I'll bet not too many of you will have been to this one!), before returning via a different route back to our traditional finishing point, the Jolly Woodman on Littleworth Common. Another B and C class roads route wherever practical – but, on this one occasion, mindful of the awful weather we've had this year, the final detail will be declared on the day. But we will go somewhere, come rain or shine ! And you never know – we may have an Indian Summer!!!!!!!

As usual, a call to confirm you're coming would be appreciated so I'll know I'm not waiting at Jenner's in vain!

AG : More details on: H) 0118 934 5726 : M) 07785 903 000
or allan.goddard@csmclub.org

West Middlesex Group Committee Member Contact Details

<p>Chairman Derrick Holden</p> <p>07905 005963 chairman@csmawmx.com</p>	<p>Secretary Jez Boakes (Temporary)</p> <p>07748 766409 secretary@csmawmx.com</p>	<p>Treasurer Nikki Wild</p> <p>07778 161572 (Mobile) 01256 762865 (Home) treasurer@csmawmx.com</p>
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Motor Sport Coordinators' Bulletin

October 2008

Dates	Event (Status)	Club	Type of Event	Champ
Oct Sun 5	* Autumn (C)	csma NWL	Grass autotest	Centre
Wed 8	* Hollstar Intergroup Comp ()	csma WMx	Table Top Rally	Centre
Fri 10	12 Car Rally (C)	csma WMx	Navigational rally	Centre
Sun 12	* Londinium Pedo ()	UH&ULMC	Walking Treasure Hunt	
Sun 12	* Last Chance T/H (C)	Green Belt MC	Driving Treasure Hunt	
25/26	* Britvic Enduro (Nat B)	Chelmsford MC	Enduro road event	
Nov 6-9	* Lombard Enduro (C)	ERA	Enduro road event	
8/9	* Forth Bridges Inter Ass (Nat B)	Edinburgh Univ MSC	Navigational Rally	
Fri 14	12 Car Rally (C)	csma NWL	Navigational rally	Centre
Dec Fri 5	12 Car Rally (C)	csma NEL	Navigational rally	Centre

Licence required: (I/Nat A/Nat B/Cm) = MSA Licence, (C) = Club Card, () = Nothing, * = Regs available

Previous Events

Haymaker Autotest This was cancelled due to a lack of entries but not without much trying.

Future Events

Autumn Autotest Running on the 5th October, it will be held at the Studd Farm site near Leighton Buzzard, which is the same one as used by the Greenacres and Grasshopper events. The event is a passenger carrying one, so more fun in the navigation department, but the tests are straightforward. Entry fee is £17 and the regs are now available from myself.

Hollstar Intergroup Event The annual intergroup Hollstar competition takes the form of a table top rally and this year will be hosted by West Middlesex at the Seven Stars Inn at Knowl Hill, Berkshire RG10 9UR (175/822794), on the 8th October. It's located on the A4 west of Littlewick Green, 1.8 miles or two roundabouts from the A404(M) junc 2. It's 8 mins driving time from the M40 J4 and 6 mins driving time from M4 J8/9 so should be fairly easy for most. On table top rallies you have to plot a route on a map and then answer three questions of things found along the route to prove you have gone the right way.

October 12 Car Rally Doesn't look like this is running this year (again), as nothing has been heard about any details.

Londinium Pedo This is a walking treasure hunt in the City of London and takes place on Sunday 12th October. There is the main event plus a more family orientated meander. The event costs £10 per team and there is a maximum of 150 teams! The event starts between 1pm and 2pm and consists of a circular route, which you are allowed three hours to do it in. Competitors only require pencils, watch and suitable footwear. For regs or further information, give me a call.

Last Chance Treasure Hunt This is an invite to a Green Belt MC organised treasure hunt on the 12th October and they are well worth having a go at. The event begins at The Cuckoo PH, Radley Green, Essex (167/622054), with assembly at 1pm for a 2pm start. Entry fees are £7.50 per car (2 person crew) plus £2.50 per extra person. Maps 167 and 168 are required. I should be doing it, so please let me know if you are interested and I will let you have more details.

Britvic Endurance Rally Run by Chelmsford MC, the event will start from Kings Lynn and will be based around Sculthorpe again and has 50 miles of selectifs on the Saturday afternoon. Then there is a 140 mile road rally which will also include some selectifs,

before the finish at Bury St Edmunds on the Sunday morning. Entries cost £180 and entry forms and regs are available on their website at <http://chelmsfordmc.co.uk/Endurance>.

Lombard Endurance Rally This is running from Harrogate into Scotland and then back again. Entries are well down on last year (60 as against 120), mainly because a lot of crews have boycotted the event due to costs and the requirement to buy expensive tyres that can only be used on this endurance event and none of the others.

Forth Bridges Rally So instead, a few of us are going to do the inter-association road rally, up near Edinburgh, on the same weekend as the Lombard. This will be a very navigational event compared to what we are used to, even for southern competitors, and a real challenge is expected.

November 12 Car The first 12 car of the winter season will be the North West London event on the 14th November. This is being organised by Dave Smith / Ian Buxton and details will be available next month, as they are still deciding where it will run at the moment.

December 12 Car Plans for this North East London event are well under way and Graham Robinson will be the organiser once again. The start will be at The Cricketers Arms, Rickling Green, nr Bishop's Stortford, Essex CB11 3YG (167/511298) and map 167 will be required (current edition is C2). Food is available from 6pm.

Mike Biss: NLC Motor Sports Coordinator **Tel:** 01525 720299

E-mail: mike.biss@btinternet.com

November Clubnight



Curry!

In Windsor

on

November 13th at 8pm.

Contact Derrick Holden on 07905 005963 for more details!

West Middlesex group
motorcycling enthusiasts

***Another November, er... "Ride-Out"!
Friday 28th November 2008.***

Our last Group Motorcycling event of the year is rapidly becoming a 'tradition' according to our Chairman! But sure enough, as we did in 2006 & 2007, we're again planning to visit the National Motorcycle Show at the NEC, on the exclusive 'Preview' day - a Mini-Bus!

Last years arrangements worked well so, sticking with that plan again, I can arrange to transport or pick up interested parties from either my home in Twyford (at 9am), OR the Jolly Woodman (at 9.45am). We shall return to the Woodman in the evening by approx. 7.30pm for an impromptu beer, supper, or just to collect the car to go home! This is NOT a Noggin' an' Natter evening although I'm quite happy if any non-NEC attendees want to meet us there at 7.30 or so

We did fill this trip last year & I've already got some bookings for this year, so please give me a call **ASAP** if you'd like to join us to allow me time to organise the right size 'bus, or buses! Championship co-ordinator Jez says this WILL count as a Ride-Out and we will all get points in the Group's Motorcycling Championship. Double Hurrah!

Please note: as I mentioned above, Friday the 28th is the 'Preview day' and it will cost more to get in (it's £28 per person in fact!!!!!!). West Middlesex Group will pick up the cost of the mini-bus hire & we'll have an on-the-day whip-round for the fuel - probably a fiver each I guess, depending on numbers. But it's sure to be an exceptionally good day out, and of course, you won't have to ride home from Birmingham, in the rain, carrying all those End-of-Season bargains under an iffy cargo net!

However, please **DO NOT JUST TURN UP ON THE DAY!!** Following last year's success, this will be a popular event and it's unlikely I'll have room for you! Book the day off & give me a call to reserve your place to avoid disappointment.

For more details contact me on : Home; 01189 345726, mobile 07785 903 000
or allan.goddard@csmclub.org

Meanwhile, as always, keep it rubber down, bubble up, and watch out for those 'SMIDSY' car drivers!

AG

csma **Motoring**

active healthy leisure motorsport activities

Being active promotes more activity just as inactivity breeds inactivity. It's a feeling most of us recognise after sitting watching television and then trying to 'get going'.

Benefits include:-

Improved appetite, Improved sleep pattern, Increased libido, Increased energy, Increased mental awareness, Alleviation of mild depression, Increased confidence, Increased self-esteem, Feeling more relaxed, Reduced stress levels, Reduced anxiety, Reduced pain sensations, Reduced levels of anger, Reduced tension

One of the best ways to get involved with motorsport is through your local marshalling team. For further details call Graham on 020 8553 4700 (evenings after 7pm please) or Email: graham.mclean@bt.com

Spectator Control on Rally Stages ... not a problem says Graham

Motorsport welcomes spectators but it has a responsibility towards them and this is where marshals play a vital role.

Remember that some spectators may be new to the sport and may need educating about the risks.

The best way to get people to do what you want is to lead by example. If marshals are badly parked, if they're clearly there just to get a good view, if they just stand chatting and - even worse - smoking ... and with a camera ... or with a dog ... well, they can't expect to command the respect of spectators or get co-operation.

Most people respond positively if they're politely informed of what's happening. It's the officious marshal who tells someone curtly that "you can't go there" who creates problems and provokes a hostile response. The message should be "If you go there, be careful because ..." or "You might be better going this way because ..."

Body language can also help. The way you walk up to people, your stance, your expression and eye contact can all make the difference between hostility and cooperation from spectators, particularly in rallying.

csma at the Suzuki Tempest Rally, Aldershot on Sat 8 Nov 2008

Continuing our support over the years the southern **csma** marshalling teams will again be joining forces to help run the Rushmoor Arena Stage, Aldershot, Hants., on the Suzuki Tempest South of England Rally on Saturday 8th Nov.



We will need plenty of support to supplement our timekeepers, safety radios, sector marshals and marshals.

For further information and to volunteer your services please contact Graham McLean on 020 8553 4700 (evenings after 7pm please), and enjoy a great days rallying at a superb location while supporting the **csma**. Volunteer now to avoid disappointment.

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